

GET READY FOR  
*your comeback!*  
WITH  
THE **Curves**®

**6 WEEK CHALLENGE!**



*In-club with a Coach*

*At-home with a Coach*



**It's time to get off the couch! Make your comeback today with a Curves coach by your side!**

**CALL NOW TO GET STARTED!**

**ONLY**  
\*  
**A DAY!**

Sign up for the Curves 6 Week Challenge and you'll get:

- ✓ **COACHING** in-club or virtual
- ✓ **WORKOUT** access to MyCurves On Demand and Curves Club
- ✓ **EQUIPMENT** included for home workouts
- ✓ **TRAINING PLAN** for all fitness levels
- ✓ **CHART** for tracking progress

#CurvesStrong



Curves.com

**Curves** Real Strength for Real Women

Franchise opportunities available. For more information: [Curves.com/BuyCurves](https://www.curves.com/BuyCurves)

\*Offer expires 12/31/21. Available to new members, who sign up for a 6-week Curves Fitness membership, payable up front in full at the time of signing. 6-week Curves Fitness membership valid only at the club where the membership is purchased. Offer excludes CurvesSmart® and Curves Nutrition Program. Valid at participating locations only. Cannot be combined with any other offer or discount. No cash value.