

FREE GUIDED

WORKOUT!

BOOK ONLINE TODAY!

Curves



Your Curves Coach keeps you on track and focused.



- ✓ No class times! Start when you walk in!
- ✓ Simple and effective workout that blasts fat, even after you leave!
- ✓ Variety of high & low impact!
- ✓ Coach-led circuit training!
- ✓ Goal setting!

FUN, FAST
**30 MINUTE
WORKOUT!**

Locally Owned and Operated

16810 Road 26
Madera, CA 93638
559.662.0234

#CurvesStrong    [Curves.com](https://www.curves.com)



Book
online
today!

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